

## Buddhism – If everyone followed the Middle Way would it be a perfect world?

This is our enquiry this term. We will find out about:

- The 4 Noble Truths <https://www.bbc.co.uk/programmes/p02mrlbg>
- The 8 Fold Path [https://youtu.be/LPrC2qrs\\_PI](https://youtu.be/LPrC2qrs_PI)
- The Middle Way <https://youtu.be/SbDUm9yzPwM>
- The Life of the Buddha - <https://youtu.be/nVKK-WVW2uw> (Warning contains reference to illness and death)

### **TASK:**

Your task to create a Powerpoint or write a presentation what answers the big question above and one of the questions below.

Use the video links above to learn about this topic and then think about the questions below:

### **Starter Level:**

1. Can you explain the 4 Noble Truths?
2. Can you explain the Eightfold path?
3. Can you tell me about the life of the Buddha?

### **Challenge Level:**

4. Can you find a way to disagree with any of the ‘Noble Truths’ that Buddha discovered?
5. Is it possible to follow the ‘Eightfold Path’? What would your life be like if you followed it? Write a timetable for a normal day.
6. Do you think the ‘Eightfold Path’ needs adjusting for the modern world?
7. What is Karma? What is Nirvana (not the band)?

### **Superhard Challenge Question:**

8. Buddhism doesn’t have Gods or Goddesses and so is considered ‘atheistic’, but it is a very ‘spiritual’ religion that believes in souls, Karma and reincarnation. Can you have a universe that is balanced by things like karma and contains souls without having a God?