



# Fresh Ideas Feeding Minds

# Spring / Summer

## Menu 2021

Introducing our Spring/Summer School Lunch Menu, offering high quality, varied dishes using local and seasonal ingredients where possible. These dishes have been created by our Menu Development Team to allow a flexible approach to eating a school lunch; whether that is in the dining room, in the classroom or even in an outside space!

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from **East Anglian** suppliers. We use wholewheat flour in our bread and pastry recipes!

A full allergen list for this menu can be found on our website -

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

**Safety** is of upmost importance when providing a nutritious meal for your child. Please be assured, **enhanced measures and risk assessments** are in place in all of our kitchens in line with Public Health England and Food Standards Agency guidelines.

If you think your child/children may be eligible for free school meals visit [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)



**Week One**

# Nebula Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato with Cheese and Butter or Baked Beans	Jacket Potato with Cheese and Butter or Tuna Mayonnaise	Jacket Potato with Cheese and Butter or Bolognese	Jacket Potato with Cheese and Butter or Chicken Curry	Fish Fingers * Chips Garden Peas
Salad	Salad	Salad	Salad	Jacket Potato with Cheese and Butter Salad
Apple Crumble with Custard	Fresh Fruit Salad	Beetroot Brownie	Dinky Doughnuts	Shortbread with a Melon Wedge

\*Bread Available

**Week Two**

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato with Cheese and Butter or Baked Beans	Jacket Potato with Cheese and Butter or Tuna Mayonnaise	Jacket Potato with Cheese and Butter or Bolognese	Jacket Potato with Cheese and Butter or Chicken Curry	Fish Fingers * Chips Baked Beans
Salad Day	Salad	Salad	Salad	Jacket Potato with Cheese and Butter Salad
Oaty Bar with Orange Wedges	Lemon Cupcake	Toffee Cream Shortbread	Fresh Fruit Salad	Fruit Jelly

\*Bread Available

**Week Three**

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato with Cheese and Butter or Baked Beans	Jacket Potato with Cheese and Butter or Tuna Mayonnaise	Jacket Potato with Cheese and Butter or Bolognese	Jacket Potato with Cheese and Butter or Chicken Curry	Fish Fingers * Chips Garden Peas
Salad	Salad	Salad	Salad	Jacket Potato with Cheese and Butter Salad
Fresh Fruit Salad	Ice Cream Tub	Flapjack with Apple Wedges	Cocoa Krispie Bar	Cherry Bakewell Cupcake

Week Three: 6 Sept

\*Bread Available