

# Nebula SEND News



## Meet the team!

We are very lucky that, in a few short years, we have built up a great support team for children with Special Educational Needs and Disabilities, (SEND). We felt it was important that you could put faces to some of the names and get to know a bit more about who we are and what we do. Welcome to the Nebula support and therapy

I'm Jenni Porter. I qualified as a teacher in 1990. I worked in Lincolnshire for 6 years before moving to Norfolk where I worked at Frettenham First School 1 day a week. I soon had my own class at Frettenham and saw the school go through many changes—becoming a Primary, and being part of the first Partnership in Norfolk, with Hainford Primary. When the Nebula Partnership began, I knew I wanted to be part of the Leadership team of this exciting new venture.



*This is my favourite picture of the year—when I met my favourite actor David Morrissey (for the 3rd time...)*

Issue 3

Autumn 2018

### Nebula SENCOs

- Executive Deputy for SEND:

Jenni Porter

- Mary Board—SENCO for Harnser Federation (Frettenham, Hainford and St Faiths' Primary Schools)
- Mrs Hewett—Old Catton Junior School
- Mrs Quiles-Richmond—White Woman Lane Junior
- Mrs Pratt—Horsford Primary

## Mary Board Harnser



Mary has worked at Frettenham Primary School since she started teaching in 2007. She has taught a mixed age class of Year 4, 5 and 6 for the majority of her time there. Last year, she moved class and now teaches Years 2 and 3, which she is really enjoying. She became SENCO in 2011 and was SENCO across partnered schools Frettenham and Hainford up until we became Nebula when she also became SENCO of St Faiths Primary School. She believes that the most important thing about supporting children with special needs is building a relationship with them. She therefore likes to spend time talking to and getting to know children across the schools. She spends far too much time searching for all manner of Star Wars, superhero or cat-related toys, figures, books and stickers in order to help make links to the varied interests of the children whom she supports!

## Mrs Hewett Old Catton Junior School

I've been teaching for thirteen years, nearly ten of which have been at Old Catton. I have experience teaching Reception-Year 6 but I've found that I enjoy teaching the older children the most. I'm married and I have two boys aged seven and six. We spend as much time together as possible and we're big fans of geocaching and baking.

I've been the SENCO at Old Catton Junior School since 2009 and I hold the National Award for Special Educational Needs Co-ordination. It's a challenging and ever-changing role which allows me to work with children and families throughout the school. I am passionate about being an advocate for children with special educational needs and disabilities in our schools and keen that we recognise the amazing achievements that they make whilst they are with us.



Mrs Quiles-Richmond  
White Woman Lane  
Junior

Hello, my name is Becky Quiles-Richmond and I'm the SENCO at White Woman Lane. I took on the role when I finished my maternity leave in March 2017. I have always had a keen interest in working within the special education sector and relished the opportunity to take on the role. I have been teaching at White Woman Lane since February 2010, it was my first teaching job after getting qualified. I'm originally from California but have been obsessed with the UK since I was a teen. I moved to the UK in 2004 and have lived between the UK and CA since. I moved to Norwich in 2007 and have loved living in this fine city.

Outside of school I love travelling and have been fortunate enough to visit many different countries, I even met my husband while travelling in South Africa. When I have time, I enjoy walking, trying new places to eat, and going to the cinema.



Mrs Pratt  
Horsford Primary



Hi, I am SENCO for Horsford CE VA Primary School.

I have been teaching for 10 years after completing my degree and PGCE as a mature student. In 2009 I thought I would challenge myself further by completing a Masters in Education Practice. The research for this was centred on the more able children, however, while completing this research I was asked to become a SENCO and I have continued to complete training and research with a more focused aim for SEN children.

Not only do I have a job which I love but I have two wonderful grown up children that still manage to keep me busy. When I am not being a wife, mum or teacher I am a leader for Girl Guiding where I have recently had the privilege of leading a trip to India with girls aged 14-18. The main purpose of this remarkable trip was to work in the community. My project involved working with families who work on construction sites and live in slums. I am extremely lucky to have had this opportunity and have gained lots of knowledge to apply to my teaching in order to inspire the children about the world they live in.

## Natalie Brown



Hi, I am Natalie Brown, Pastoral Manager and Parent Support Adviser for the Nebula Federation. I have a degree in Education Studies and English and over the years have undertaken a vast amount of training around mental health, emotional wellbeing, safeguarding, play work and working with families. I have worked with children and families in Norfolk for 10 years. Some key elements of my role are to coordinate all therapeutic interventions across the Nebula Federation, deliver 1:1 emotional wellbeing support to children, offer support, advice and guidance to parents, facilitate parent groups and to work closely alongside all members of staff to ensure that all parents and children are able to access the support and services they need. I am hugely passionate about improving outcomes for children and families and helping them achieve their full potential.

## Michelle Ratcliffe



I have over 20 years of experience in working with children from pre-schoolers to junior school age children in various settings; nurseries, schools and within Children's Centres.

I currently work within the Nebula Federation as Pastoral Support Assistant and travel around the various schools. My role involves spending 30 minutes each week with pupils on a 1:1 basis talking with them, playing games and doing various creative activities, this may be for numerous reasons, usually to help to develop confidence and boost self-esteem.

On a personal note I am Mum to two young children, Oliver, 8 and Joshua, 5 and love spending as much time with them as possible, they keep me very busy, however in any spare time I enjoy reading, baking and swimming. I also enjoy going on walks with my 3 year old dog called Chase.

## Michelle Bellamy



Michelle Bellamy has worked in education for 20 years, within both mainstream and also a specialist setting. Michelle provides behavioural support within the Nebula Federation for one day a week. Michelle is very positive and passionate about supporting children with their social and emotional wellbeing which can impact on their behaviour. She takes pride in watching children (and staff) flourish. She is married with two sons who have both flown the nest. She also has 3 pet tortoises, one of whom is called Charlie and is over 50 years old. Michelle enjoys spending time with her family and friends, whether it is going for a walk, visiting the theatre, sharing a meal or just catching up for a chat.

## Cathy Fiddy



Cathy Fiddy (BSc (Hons) Psych (Open), MBPsS) is a mindfulness practitioner and therapeutic play practitioner within the Nebula Federation. Cathy is extremely passionate about supporting children with their emotional wellbeing and making a mindful, positive difference through her work, both inside and outside of Nebula. When not in work, Cathy loves to spend time having fun with her family, and can usually be found on a beach or walking in the woods...encouraging her family to use all of their amazing senses, collecting treasure or skimming stones! Other passions include yoga, mindful meditation, creating stories, reading (Cathy always has a book or two on her!), studying, researching and learning as much as possible. The photo of Cathy was taken in Sardinia, which has the most incredible sunsets. Cathy is currently working toward her Play Therapist qualification, through PTUK.

## Rebecca Vianna



Rebecca loves being with and helping people where she can and decided to make a career change 3 years ago from working in Medical Education at NSFT for the University of East Anglia, to becoming a Person Centred Therapist. She trained at UEA and is currently working with children and adults alike within a therapy setting to help them through challenging times in life.

In her spare time, she enjoys spending time with her friends and family, especially her 3 boys. She loves travelling in her T4 and taking the family with her, including her 2 chihuahuas - Dobby and Tilly. She likes cooking and absolutely loves dancing!

# Mental Health Champion

Both Natalie Brown and Jenni Porter have attended Mental Health Champion Training.

Mental Health Champions are self-recruited to be a key person within their organisation. To attend and contribute in professional training and consultations so that they can:

- Keep informed and updated about changes in CAMHS (Child and Adolescent Mental Health Services) and other specialist services
- Ensure appropriate referrals and signposting for children and young people into specialist CAMHS
- Build and maintain effective networks for personal professional development and to develop positive partnership working opportunities
- Share skills and knowledge around emerging emotional and mental health issues in children and young people to develop and support their colleagues
- Promote ideas to achieve continuous improvement in their universal work setting
- Read and disseminate information from the Point 1 termly E-newsletters, website and e-mail correspondence .

From 20th March 2017  
**Just one number**  
**0300 300 0123**

Are you a child, young person or parent/carer living in Norfolk?  
 If you need to speak to your health visitor, school nurse or any other member of our integrated Healthy Child Programme services for advice or information, we're here to help!

8.00 am - 6.00 pm Monday - Friday      9.00 am - 1.00 pm Saturday

Cambridgeshire Community Services NHS Trust: delivering excellence in children and young people's health services

Carers Matter Norfolk

Are you one of thousands of young people in Norfolk looking after someone in your family?

If so, you are a Young Carer

They may need your support because of illness, disability, mental ill health or difficulties with drugs or alcohol

Young Carers and Families Information, Advice & Guidance Service

Supporting Young Carers and their Families in Norfolk

If you are a Young Carer or you think your child, relative or friend might be, we're here to help you:

- Find your way through local services
- Get support for the person you're caring for
- Get the right support at school or college
- Understand your rights
- Connect with local groups and services
- Look after your health and wellbeing

0800 083 1148  
 07537 417 850

Monday to Friday 8am - 8pm  
 Saturday 4pm - 8pm  
 Sunday 8am - 12 noon

[www.CarersMatterNorfolk.org.uk](http://www.CarersMatterNorfolk.org.uk)



*We are the local offer—you can see our film here:*

<https://youtu.be/BBftjzg7ip8>