

## Year 3 RSE and PSHE Curriculum Overview - Updated Sept 2022

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
My Feelings	My Body	My Relationships	My Beliefs	My Rights and Responsibilities	Asking for Help
<p>Class Rules</p> <p>PANTS</p> <p><b>Relationships - TEAM</b></p> <p>A New Start</p> <p>Together Everyone Achieves More</p> <p>Working Together</p> <p>Being Considerate</p> <p>When Things Go Wrong</p> <p>Responsibilities</p>		<p><b>Health and Wellbeing - Healthy Lifestyles</b></p> <p>Fit as a Fiddle</p> <p>Good Night, Good Day</p> <p>Cough, Splutter, Sneeze!</p> <p>Drugs: Healing or Harmful?</p> <p>Keep Calm and Relax</p> <p>Choices Everywhere</p> <p>Always Learning</p>		<p><b>Living in the Wider World - Diverse Britain</b></p> <p>Living in the British Isles</p> <p>Democracy</p> <p>Rules, Laws and Responsibilities</p> <p>Liberty</p> <p>Tolerance and Respect</p> <p>What Does It Mean to Be British?</p>	

## Year 4 RSE and PSHE Curriculum Overview - Updated Sept 2022

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
My Feelings	My Body	My Relationships	My Beliefs	My Rights and Responsibilities	Asking for Help
<p>Class Rules</p> <p>PANTS</p> <p><b>Health and Wellbeing - Safety First</b></p> <p>New Responsibilities</p> <p>Risks, Hazards and Danger</p> <p>Under Pressure</p> <p>Safety When Out and About</p> <p>Dangerous Substances</p> <p>Injuries and Emergencies</p>		<p><b>Relationships - One World</b></p> <p>Chiwa and Kwende- case study covering:</p> <p>Differences and diversity</p> <p>Stereotypes</p> <p>Human rights</p> <p>Fair Trade</p> <p>Compassion</p> <p>Rights and Responsibilities</p> <p>Communities</p>		<p><b>Living in the Wider World - Money Matters</b></p> <p>Where Does Money Come From?</p> <p>Ways to Pay</p> <p>Lending and Borrowing</p> <p>Priorities</p> <p>Advertising</p> <p>Keeping Track</p>	

## Year 5 RSE and PSHE Curriculum Overview - Updated Sept 2022

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>My Feelings</b>	My Body	My Relationships	My Beliefs	My Rights and Responsibilities	Asking for Help
<p style="text-align: center;">Class Rules</p> <p style="text-align: center;">PANTS</p> <p style="text-align: center;"><b>Relationships - TEAM</b></p> <p style="text-align: center;">Together Everyone Achieves More</p> <p style="text-align: center;">Communicate</p> <p style="text-align: center;">Compromise and Collaborate</p> <p style="text-align: center;">Care</p> <p style="text-align: center;">Unkind Behaviour</p> <p style="text-align: center;">Shared Responsibilities</p>		<p style="text-align: center;"><b>Health and Wellbeing - Healthy Bodies, Healthy Minds</b></p> <p style="text-align: center;">The Cognitive Triangle</p> <p style="text-align: center;">Thoughts Are Not Facts</p> <p style="text-align: center;">Yes, I Can!</p> <p style="text-align: center;">Your Body is Your Own</p> <p style="text-align: center;">Exercise Right, Sleep Tight</p> <p style="text-align: center;">Taking Care of Our Bodies</p> <p style="text-align: center;">Harmful Substances</p> <p style="text-align: center;">How We Think and Feel About Our Bodies</p> <p style="text-align: center;">Healthy Choice</p>		<p style="text-align: center;"><b>Living in the Wider World - Diverse Britain</b></p> <p style="text-align: center;">Identities</p> <p style="text-align: center;">Communities</p> <p style="text-align: center;">Respecting the Law</p> <p style="text-align: center;">Local Government</p> <p style="text-align: center;">National Government</p> <p style="text-align: center;">Making a Difference</p>	

## Year 6 RSE and PSHE Curriculum Overview - Updated Sept 2022

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
My Feelings	My Body	My Relationships	My Beliefs	My Rights and Responsibilities	Asking for Help
<p>Class Rules</p> <p>PANTS</p> <p><b>Health and Wellbeing - Safety First</b></p> <p>You Are Responsible</p> <p>What Are The Risks?</p> <p>Making Your Mind Up</p> <p>In an Emergency</p> <p>Home - Safe and Sound</p> <p>Outdoors - Playing It Safe</p>		<p><b>Relationships - One World</b></p> <p>Global Citizens</p> <p>Global Warming</p> <p>Energy</p> <p>Water</p> <p>Biodiversity</p> <p>In Our Hands</p>		<p><b>Living in the Wider World - Money Matters</b></p> <p>Look After It!</p> <p>Critical Consumers</p> <p>Value for Money and Ethical Spending</p> <p>Budgeting</p> <p>Borrowing and Saving</p> <p>Money in the Wider World</p>	

