



1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Sweet and Sour Chicken with Noodles	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Sausage Pastry Pinwheel with Potato Wedges	Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Lentil Roast with Roast Potatoes and Gravy (v)	Plant Sausage Pastry Pinwheel with Potato Wedges (v)	Garden Vegetable Goujons with Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Sweetcorn	Mixed Vegetables	Carrots and Green Beans	Mixed Salad	Peas or Baked Beans
And for Pudding	Vanilla Cupcake	Beetroot Brownie	Flapjack with Orange Wedges	Fruit Jelly	Shortbread Biscuit
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Vanilla Cupcake	Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Beetroot Brownie	Cheese and Tomato Pasta Pot, Salad Sticks, Orange Wedges, Flapjack	Cheese and Tomato Pasta Pot, Fruit Bread, Salad Sticks, Fruit Jelly	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Shortbread Biscuit

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct — Fresh Fruit Available Daily



2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheesy Pasta (v)	BBQ Chicken with Steamed Rice	Roast Chicken with Stuffing, Mashed Potato and Gravy	Pork and Carrot Meatballs in Tomato Sauce with Potato Wedges	Chicken Fillet Bites and Chips
Hot Option 2	Sweet and Sour Plant Balls with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Vegemince Cottage Pie (v)	Plant Sausages in Tomato Sauce with Potato Wedges (v)	Vegetarian Enchilada and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Mixed Vegetables	Sweetcorn	Peas and Carrots	Mixed Salad	Peas or Baked Beans
And for Pudding	Orange Cupcake	Oaty Cookie	Toffee Cream Shortcake	Summer Berry and Apple Slice	Cocoa Shortbread with a Melon Wedge
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Orange Cupcake	Ham or Cheese Sandwich, Sultanas, Salad Sticks, Oaty Cookie	Cheese and Tomato Pasta Pot, Salad Sticks, Fruit Portion, Toffee Cream Shortcake	Cheese and Tomato Pasta Pot, Fruit Bread, Fruit Portion, Summer Berry and Apple Slice	Ham or Cheese Sandwich, Salad Sticks, Melon Wedge, Cocoa Shortbread

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct — Fresh Fruit Available Daily



3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese and Tomato Pizza Swirl with Potato Wedges (v)	Lasagne (Pork and Lentil) with Garlic Bread	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	Breaded Chicken, Lettuce and Mayo in a Wrap with Steamed Rice	Fish Fingers and Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Bean Bake with Garlic Bread (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Tomato and Courgette Frittata with Potato Wedges (v)	Cheese and Potato Pastry Pinwheel and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Peas and Sweetcorn	Mixed Salad	Cabbage and Carrots	Crunchy Salad Sticks	Peas or Baked Beans
And for Pudding	Blueberry Cupcake	Vanilla Ice Cream	Carrot Cake	Cocoa Oatcake with Orange Wedges	Vanilla Crunch Bar with Apple Wedges
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Blueberry Cupcake	Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Vanilla Ice Cream	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas, Carrot Cake	Cheese and Tomato Pasta Pot, Fruit Bread, Orange Wedges, Cocoa Oatcake	Ham or Cheese Sandwich, Salad Sticks, Apple Wedges, Vanilla Crunch Bar

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct — Fresh Fruit Available Daily



1

Monday

Margherita Pizza (with Vegan Cheese) and Tomato Pasta
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Sweetcorn
Homemade Vanilla Cupcake

Tuesday

Vegan Cheese and Tomato Pasta Bake
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Mixed Vegetables
Homemade Cocoa Cupcake

Wednesday

Plant Balls with Roast Potatoes and Gravy
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Carrots and Green Beans
Flapjack with Orange Wedges

Thursday

Plant Sausage Pastry Pinwheel with Potato Wedges
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Mixed Salad
Fruit Jelly

Friday

Garden Vegetable Goujons and Chips
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Peas **or** Baked Beans
Shortbread Biscuit

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2

Monday

Sweet and Sour Plant Balls with Steamed Rice
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Mixed Vegetables
Homemade Orange Cupcake

Tuesday

Vegan Cheese and Tomato Pasta Bake
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Sweetcorn
Homemade Shortbread

Wednesday

Vegemince Cottage Pie with Gravy
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Peas and Carrots
Iced Fruit Smoothie

Thursday

Plant Sausages in Tomato Sauce with Potato Wedges
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Mixed Salad
Summer Berry and Apple Slice

Friday

Garden Vegetable Goujons and Chips
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Peas **or** Baked Beans
Cocoa Shortbread with a Melon Wedge

3

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct - Fresh Fruit Available Daily

Monday

Vegan Cheese and Tomato Pizze Swirl with Potato Wedges
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Peas and Sweetcorn
Homemade Blueberry Cupcake

Tuesday

Loaded Bean Bake with **Vegan Cheese and Homemade Garlic Bread**
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Mixed Salad
Iced Fruit Smoothie

Wednesday

Plant Sausage with Mashed Potato and Gravy
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Cabbage and Carrots
Homemade Carrot Cake

Thursday

Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Crunchy Salad Sticks
Cocoa Oatcake with Orange Wedges

Friday

Garden Vegetable Goujons and Chips
or
Jacket Potato with Baked Beans **and/or Vegan Cheese**
served with Peas **or** Baked Beans
Homemade Shortbread with Apple Wedges

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct - Fresh Fruit Available Daily



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Fresh Ideas Feeding Minds

Allergen Aware Lunch Menu



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-CELERY | NON-MUSTARD | NON-LUPIN



NON-SESAME SEEDS | NON-CRUSTACEANS | NON-MOLLUSCS

Spring/Summer

Our Allergen Aware Menu is **FREE** from most of the top 14 legal allergens and is closely aligned to the Primary School Lunch Menu

1

Monday

Margherita Pizza
with Tomato Pasta (Ve)
or
Sweet Potato and Lentil
Curry with Steamed Rice (Ve)
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Sweetcorn

Homemade
Vanilla Cupcake

Tuesday

Sweet and Sour Chicken
with Steamed Rice
or
Cheese and Tomato
Pasta Bake (Ve)
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Mixed
Vegetables

Homemade
Cocoa Cupcake

Wednesday

Roast Chicken
or
Plant Balls (Ve)
with Roast Potatoes
and Gravy
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Carrots
and Green Beans

Homemade Shortbread
with Orange Wedges

Thursday

Pork Sausage
Pinwheel
or
Plant Sausage
Pinwheel (v)
with Potato Wedges
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Mixed Salad

Fruit Jelly

Friday

Fish Fingers
or
Garden Vegetable Goujons (Ve)
with Chips
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Peas
or Baked Beans

Homemade Shortbread

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct — Fresh Fruit Available Daily

2

Monday

Cheese and
Tomato Pasta (Ve)
or
Sweet and Sour Plant Balls
with Steamed Rice (Ve)
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with
Mixed Vegetables

Homemade
Orange Cupcake

Tuesday

BBQ Chicken
with Steamed Rice
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Sweetcorn

Homemade Shortbread

Wednesday

Roast Chicken with Mashed
Potato and Gravy
or
Cheese and Potato Pie (Ve)
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Peas
and Carrots

Iced Fruit Smoothie

Thursday

Pork and Carrot Meatballs
or
Plant Sausages (Ve)
in Tomato Sauce with
Potato Wedges
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Mixed Salad

Homemade Summer Berry
and Apple Slice

Friday

Chicken Goujons
or
Garden Vegetable Goujons
(Ve) with Chips
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Peas
or Baked Beans

Homemade Cocoa
Shortbread with a
Melon Wedge

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct — Fresh Fruit Available Daily

3

Monday

Homemade Cheese and
Tomato Pizza Swirl
with Potato Wedges (Ve)
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Peas
and Sweetcorn

Homemade
Blueberry Cupcake

Tuesday

Pork and Lentil Bolognese
with Pasta and **Homemade**
Garlic Bread
Or
Loaded Bean Bake with
Homemade Garlic Bread (v)
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Mixed Salad

Iced Fruit Smoothie

Wednesday

Pork Sausages
or
Plant Sausages (Ve)
with Mashed Potato
and Gravy
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Cabbage
and Carrots

Homemade
Carrot Cake

Thursday

Chicken Goujons in a
Homemade Roll with
Lettuce and **Ketchup**
and Steamed Rice
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Crunchy
Salad Sticks

Homemade Cocoa
Shortbread with
Orange Wedges

Friday

Fish Fingers
or
Garden Vegetable Goujons
(Ve) with Chips
or
Jacket Potato with Baked
Beans **and/or** DF Cheese

served with Peas
or Baked Beans

Homemade Shortbread
with Apple Wedges

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Please note: Whilst every precaution has been taken to avoid cross contamination.
No guarantee can be given for the absence of allergens.