



# with Rachel Gates

Join us in an online  
get-together to:

- Ask questions  
in a relaxed setting
- Share ideas with other  
parent carers
- Make sure professionals  
know what families need

Strategic Health and Disability Commissioner,  
Norfolk County Council

**Wednesday 7 October**  
**10:00am to 12:00pm**

Find out the latest news  
on Short Breaks services.

Contact Bernadette at [office@familyvoice.org.uk](mailto:office@familyvoice.org.uk) for joining details.